

Dowerin District High School



Cross Country Carnival **Policy**

Effective From:

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Last Reviewed:

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Parents will be invited to provide feedback within two school weeks of the carnival each year.

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1. POLICY STATEMENT

All sporting carnivals at Dowerin DHS will be for the purpose of encouraging maximum student participation through competitive events which give the best opportunity for excellence. The carnival should be enjoyable for, and inclusive of, all students.

Acknowledgement must be given that the carnivals are competitive events, where student achievement is rewarded with faction points, and an invitation to be part of the Interschool Team for that sport.

2. BACKGROUND

2.1 RATIONALE

Students at Dowerin DHS have a wide range of sporting abilities. In a climate of decreasing involvement in physical activity, it is important to encourage all students to **participate** in the maximum possible number of events at carnivals.

Encouragement of excellence will be achieved by allocating students to events according to ability, as determined in the current year by the Physical Education staff. This will provide an opportunity for more athletic students to compete in an environment which encourages best performance.

2.2 DEFINITIONS and ABBREVIATIONS

EASA – East Avon Sporting Association

ASSISTANCE – when a student is aided in any physical way to complete an event.

2.3 FACTION ALLOCATION

Students will be allocated to factions upon enrolment at the school. The following points will direct student allocation:

- Students will be allocated to the same faction as their siblings.
- The total number of students in each faction together with the balance between factions for each age group will guide placement.

2.4 FACTION CAPTAINS

There is a Primary and Secondary Faction Captain for each faction.

Students apply to become a faction captain by completing a school determined task. The Physical Education teacher, in consultation with staff, appoints the Faction Captains based on:

- the level of completion of the task
- the level of sportsmanship demonstrated by the student in a variety of contexts.
- The level of participation in Phys Ed classes and sporting events.

Faction Captains are part of the Student Leadership Team who are expected to:

- uphold high standards; demonstrating the Dowerin Virtues and sportsmanship at all times.
- promote faction alliance in preparation for, and at, the sports carnival.
- accept trophies and give related speeches.

3. PROCEDURES – CROSS COUNTRY

3.1 EVENT OVERVIEW

The Cross Country will be run during Term 2 at the Dowerin Field Day site. Students will be selected to represent Dowerin DHS in the Interschool Cross Country from these results. Year groupings will reflect the EASA Interschool Policy.

3.2 STUDENT PARTICIPATION

3.2.1 Student Preparation

- All students will participate in cross-country training during physical education lessons and additional training may occur during daily fitness (timetable permitting).

3.2.2 Student Participation

- All Students will participate in the Faction Cross-Country unless medically unfit.

3.3 INTERSCHOOL SELECTION

- Four students from each year group will be selected for Interschool based on their results from this event and participation during training. In the case of a student being absent or unable to participate in Dowerin DHS faction cross-country event, it is at the discretion of the Physical Education Teacher to alter Interschool Selection.
- In the case of a withdrawal, the Physical Education Teacher will select the replacement runner if they meet the required cut off time for qualification. These times are sent out by EASA prior to event each year.

3.4 EVENTS

3.4.1 Year Groupings

- Year groups will be aligned with EASA policy for Interschool

Year	Year 2/Under	3/4	5/6	7/8	9/10	Open
Distance	1km	1.5km	2km	2.5km	3km	4km

- All students who have demonstrated that they are capable of completing the Open distance in a reasonable amount of time during Physical Education lessons and Cross Country Training may compete in their own year group and open race. The Physical Education Teacher will decide from observation during PE and Cross Country Training who is capable.

3.4.2 Student Numbers

- In the case of a year group having low numbers, students will run in the year group above at the discretion of the Physical Education Teacher.

3.4.3 Course

- The courses will be walked on the morning of the event to familiarise all students with their course.

3.5 TIMING

- The first 3 runners across the line for each year group will be timed and the remaining runners noted down in order of finish.

3.6 TEAM POINTS ALLOCATION AND AWARDS

- To promote participation all runners who complete the course correctly will be given 1 point towards the Stirrest Cup.
- Faction Points:

First	10pts	6 th -10 th	3pts
Second	8pts	11 th -15 th	2pts
Third	6pts	16 th to last	1pt
Fourth	5pts		
Fifth	4pts		
- 1st and 2nd will receive a trophy/medal. In the case of a draw all students involved will receive awards.

3.7 DISQUALIFICATION

- Any student found to have not completed the course correctly will be disqualified. Marshals on the course are to note students who do not follow the course and notify the Chief Judge immediately after year group has finished, and prior to presentations.
- Any student who interferes with another student will be disqualified. Interference includes blocking, tripping, holding onto or any contact deemed unnecessary, which may gain an advantage.
- All disqualifications are at the discretion of the Physical Education Teacher.

3.8 CROSS COUNTRY COURSE

- The Cross Country course will be determined by the Physical Education Teacher and meet the EASA expectations for each age group.
- Maps of the course will be available the week prior to the Faction Cross Country Carnival.
- For traffic safety, events held at the Dowerin Field Day site are to have the gates closed and signage to indicate an event is in progress.

3.9 FEEDBACK FORUM

- Parents will have an opportunity to attend a carnival feedback forum approximately two weeks after the carnival. The date will be set on the school calender. An announcement will be made at the end of the carnival reminding parents of the forum date. Parents will also have the opportunity to give feedback through an online survey.